

Herbal Solutions to Get Your Family Through the Flu Season

with Master Herbalist, Andrea Candee & hosted by The Garden Road School

November 9th, 2009 at 7:00 PM
\$15 per person

About the Workshop

Don't let the media hype get you nervous. Be pro-active rather than reactive this flu season. Come to this timely and informative workshop to learn how to protect the whole family with herbal immune system supports. Learn about preventative and treatment methods for the flu and how you can put together a flu prevention package for you and your family.

About Andrea Candee, MH, MSC

Andrea is a master herbalist with a practice in South Salem, NY. She lectures about taking charge of your health naturally and is an instructor of Botanical Medicine at The New York Botanical Garden. Her book, *Gentle Healing for Baby and Child* (Simon & Schuster), was awarded The National Parenting Center's Seal of Approval.

About the Host

The Garden Road School is an independent school for grades Pre-K (ages 2+) through Fourth Grade. Its mission is to educate children for a purposeful future through a vibrant curriculum that merges academic excellence, creativity and core human values.



99 Baron de Hirsch Road; Crompond, New York

(914).526.4033

www.thegardenroad.org